



DISCOVERYLAND NEWS

The Power of a Simple Gift Box!

When you think of Christmas, do you think of others? Well, here at Discoveryland our families proved that the true blessing comes from giving. We collected over **100 Shoe Box gifts** for children in South Africa last month! One family brought in 14 gift wrapped boxes and took more home to wrap. Your generosity to those less fortunate is outstanding! If you did not have a chance to bring in a shoe box, it's not too late to help. The cost for mailing off our boxes far exceeded our expectations as well and a monetary gift of \$25, \$50 or more to help with the cost would go a long way. Just make your check out to Discoveryland and note that it is for Shoe boxes.

Have a wonderful holiday!

It's Cold and Flu Season

Unfortunately, there is no cure for the common cold. Most colds will go away in 3-7 days, although some will last longer. Treatment of a cold is limited to symptomatic support, which can be effective in limiting its duration and potential complications. The following steps will help make a cold less uncomfortable.

* **Try taking 2 days off from school or work.**

* **Get extra rest**

* **Stop the spreading of germs – wash your hands and do not eat or drink after anyone.**

* **Drink lots of water**

Consider taking a vitamin C supplement, drinking orange juice, and eating some fruits.

Help your child stay healthy this winter by practicing good health habits on a daily basis.

DECEMBER 2011

Happy Birthday

- 6th – Alex Dang
- 8th – Aiden Pulickal
- 8th – Ekansh Samantha
- 12th – Jaxson Morrow
- 14th – Nanki Minhas
- 15th – Sofia Licon
- 17th – Ryan Matlob
- 24th – Kelly Dao
- 30 – Justin Jacobs

DATES TO REMEMBER

- 8th – Christmas Program
6pm in the church
- 10th – Christmas In the Park
Family Fun Day
- 22 & 23 – Discoveryland
Closed for
Christmas
- 29 & 30 – Discoveryland is
Closed / New
Year's Holiday

**MILPITAS
DISCOVERYLAND
1991 Landess Ave 95035**

LICENSE # 430 700 419

December Preschool News

This month we will learn about the birth of Jesus and why it is important at Christmas. Singing songs and practicing for our program will be a big part of the month's activities. Remember to have your child at school by 9am and to call when your little one will be absent. Thank you for your cooperation, it is greatly appreciated.

December Topics:

- * Color: Green
- * Sun, Moon & Stars
- * Song: Jingle Bells
- * Language and words: Christmas, Holiday, Shepherd, Nativity, Pine, Ornament, Manger
- * Shape: Star
- * Letters: J,K,L
- * Art: Angels
- * Math: adding
- * Word: Responsibility
- * Story: The Christmas Star

DECEMBER DISCOVERYLAND MENU 2011

Breakfast ❖ Lunch ❖ Snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast, Cantaloupe & Milk <i>BF Chow Fun, Baby Carrots, Orange slices & Milk</i> Graham Crackers & Milk	2 Corn Chex Cereal, Applesauce & Milk <i>Hot Dog on Bun, French Fries, Mixed Fruit Cocktail & Milk</i> Hi-Ho Crackers & Apple Juice
5 Frosted Mini Wheats, Diced Pears & Milk <i>Spaghetti, Mixed Vegetables, Orange slices, Garlic Bread & Milk</i> Cheese Crackers & Orange Juice	6 Waffles, Bananas & Milk <i>Tostaditos, Spanish Rice, Corn, Mixed Fruit Cocktail & Milk</i> Animal Crackers & Orange Juice	7 Cheerios, Diced Pears & Milk <i>Corn Dogs, Celery w/ Cream Cheese, Diced Peaches & Milk</i> Graham Crackers & Orange Juice	8 Waffle, Bananas & Milk <i>Chicken Noodle Soup, Peas & Carrots, Diced Pears & Milk</i> Hi-Ho Crackers & Peach Yogurt	9 Raisin Bran Cereal, Diced Pears & Milk <i>Chik-n Salad Sandwich, Tater Tots, Apple slices & Milk</i> Wheat Thins & Orange Juice
12 Corn Chex Cereal, Mandarin Oranges & Milk <i>Cheese Ravioli w/ Marinara Sauce, Broccoli, Diced Pear, Garlic Bread & Milk</i> Animal Crackers & 100% Fruit Juice Blend	13 Breakfast Burrito, Apple slices & Milk <i>Tacos, Spanish Rice, Corn, Mixed Fruit Cocktail & Milk</i> Graham Crackers & Mixed Fruit Cocktail Yogurt	14 Frosted Mini Wheat, Mandarin Oranges & Milk <i>Chik-n Nuggets, Tater Tots, Orange slices, Bread & Milk</i> Hi-Ho Crackers & 100% Fruit Juice Blend	15 Breakfast Burrito, Apple slices & Milk <i>Teriyaki Choplets, Brown Rice, Toss Salad, Peaches diced & Milk</i> Wheat Thins & 100% Fruit Juice Blend	16 Cheerios, Mandarin Oranges & Milk <i>Cheese/Sausage Pizza, Baby Carrots, Pineapple Tidbits & Milk</i> Vanilla Wafers & 100% Fruit Juice Blend
19 Raisin Bran Cereal, Diced Pears & Milk <i>Spaghetti, Tossed Salad, Garlic Bread, Mixed Fruit Cocktail & Milk</i> Graham Crackers & Apple Juice	20 Pancakes, Bananas & Milk <i>Grilled Cheese Sandwich, Celery w/Cream Cheese, Peaches diced & Milk</i> Ritz Crackers & Apple Juice	21 Corn Chex Cereal, Diced Pears & Milk <i>Bean Burrito, Spanish Rice, Corn, Pineapple Tidbits & Milk</i> Wheat Thins & Apple Juice	22 DISCOVERYLAND CLOSED	23 DISCOVERYLAND CLOSED
26 Cheerios Cereal, Applesauce & Milk <i>Lasagna, Mixed Vegetables, Diced Pears, Garlic Bread & Milk</i> Hi-Ho Crackers & Orange Juice	27 Cinnamon Toast, Honey Dew Melon & Milk <i>Vegetable Soup, Celery w/Cream Cheese, Diced Peaches, Bagel Chips & Milk</i> Wheat Thins & Mandarin Orange Yogurt	28 Raisin Bran Cereal, Applesauce & Milk <i>Chik-n Quesadillas, Spanish Rice, Corn, Pineapple & Milk</i> Vanilla Wafers & Orange Juice	29 DISCOVERYLAND CLOSED	30 DISCOVERYLAND CLOSED

