

# Discoveryland Days

October 2011

## **DATES TO REMEMBER: October**

- 4<sup>th</sup> - JumpBunch Class  
9:30am
- 5<sup>th</sup> - Fire Fighter's Visit
- 11<sup>th</sup> - JumpBunch class  
9:30am
- 13<sup>th</sup> - Fire Safety Day
- 18<sup>th</sup> - JumpBunch Class  
9:30am
- 20<sup>th</sup> - Meet & Greet Night
- 23<sup>rd</sup> - Field Trip to  
Ardenwood Farm, Fremont
- 25<sup>th</sup> - JumpBunch Class  
9:30am
- 27<sup>th</sup> - Down on Grandpa's  
Farm literature event

### **Director's Note:**

This month we will spend time, learning about our families, what it means to obey and finding out what a farm is like. We will see grocery stores in our classrooms as we talk about where our food comes from. Join us on the 20<sup>th</sup> to meet with other families and learn more about Discoveryland Preschool – and tell a friend!

Ms. Robin

Milpitas Discoveryland  
1991 Landess Avenue  
Milpitas, California 95035

**(408) 263-7626**

License # 430 700 419

### **JumpBunch classes begin**

JumpBunch introduces sports and fitness to your child in a hands-on setting. The year-round program utilizes “Activity Plans” that offer a different sport or activity with each class. JumpBunch classes build coordination and interest in sports, offer safe, non-competitive activities and promotes healthy fitness and nutrition habits. Parents may enroll by completing the registration form. Just ask for a copy in the office.

### **Meet & Greet Evening**

The children have returned to school and now it's time to meet the teachers and learn more about our program. Plan to join us on Thursday evening Oct. 20, 2011 from 6 to 7pm for our “Meet and Greet” evening. You will have a chance to meet other families, sign up to be a room parent, hear from your child's teacher and get a better understanding of what preschool is all about. The Milpitas Fire Department will join us to give families tips on Fire Prevention and safety as well. The evening is for parents only.

**October is Fire Safety Month** Learning how to keep safe from fires is invaluable information that every preschool needs to know, so this month we plan to actively teach the child how to do this. The Milpitas Fire Department will visit our preschool on Wednesday October 5<sup>th</sup> to talk to every child and show them what a firefighter in uniform looks like. We will be able to see a fire truck up close and find out why they use a siren and how they hold onto their big water hoses. We will practice what to do in a fire drill and talk about smoke alarms and earthquake safety too. Be sure to bring your child early.

### **Thank you to our parent volunteers!**

Our Apple Day last month combined fun along with learning and we owe a big ‘**THANK YOU**’ to our parents who were able to come out and help us. **Paula Sharp** (Chloe), **Prabha Deepak** (Tonisha) and **Nytzia Licon** (Sophia) helped us make the day a success. Thank you ladies!



Find us on the web at: [www.milpitasdiscoveryland.org](http://www.milpitasdiscoveryland.org)

# October Birthdays

10 <sup>th</sup>	Omer	Room 2
15 <sup>th</sup>	Neilson	Room 3
23 <sup>rd</sup>	Naialyn	Room 5
26 <sup>th</sup>	Chloe	Room 3
29 <sup>th</sup>	Akash	Room 3

*Remember to let your child's teacher know what day to plan to bring in a special snack to celebrate your child's birthday.*



## Theme: The Farm & Families

Week 1 God Made Families

Week 2 Many kinds of homes

Week 3 Fire Safety at home & school

Week 4 I listen and pray

## OCTOBER DISCOVERYLAND MENU 2011

### Breakfast ❖ Lunch ❖ Snack

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cheerios &amp; Milk Applesauce</p> <p><i>Mac &amp; Cheese w/BK sausage, Tossed Salad, Dice Pear, Milk</i></p> <p>Wheat Thins &amp; Apple Juice</p>	<p>4</p> <p>French Toast &amp; Milk Bananas</p> <p><i>Haystack, Spanish Rice, Corn, Applesauce, Milk</i></p> <p>Vanilla Wafers &amp; Mandarin Yogurt</p>	<p>5</p> <p>Raisin Bran Cereal &amp; Milk Applesauce</p> <p><i>Meat Loaf, Mashed Potatoes &amp; Gravy, Peas &amp; Carrots, Diced Peaches, Milk</i></p> <p>Celery w/ Cream Cheese &amp; Apple Juice</p>	<p>6</p> <p>French Toast &amp; Milk Bananas</p> <p><i>BF Chow Fun, Baby Carrots, Orange Slices, Milk</i></p> <p>Graham Crackers &amp; Apple Juice</p>	<p>7</p> <p>Corn Chex Cereal &amp; Milk Mandarin Oranges</p> <p><i>BLT Sandwich, Tater Tots, Mixed Fruit Cocktail, Milk</i></p> <p>Hi-Ho Crackers &amp; Apple Juice</p>
<p>10</p> <p>Frosted Mini Wheats &amp; Milk Diced Pear</p> <p><i>Spaghetti, Mixed Vegetables, Orange Slices, Garlic Bread, Milk</i></p> <p>Cheese Crackers &amp; Orange Juice</p>	<p>11</p> <p>Waffles &amp; Milk Cantaloupe</p> <p><i>Turkey-Wrap, Greek Salad, Peaches, Milk</i></p> <p>Animal Crackers &amp; Orange Juice</p>	<p>12</p> <p>Cheerios &amp; Milk Diced Pears</p> <p><i>Corn Dogs, Celery &amp; Carrots w/ Cream Cheese, Fresh Fruit, Milk</i></p> <p>Graham Crackers &amp; Orange Juice</p>	<p>13</p> <p>Waffles &amp; Milk Cantaloupe</p> <p><i>Teriyaki Chops, Brown Rice, Corn, Mixed Fruit, Cocktail, Milk</i></p> <p>Hi-Ho Crackers &amp; Peach Yogurt</p>	<p>14</p> <p>Raisin Bran Cereal &amp; Milk Diced Pears</p> <p><i>Cheese Burger on Bun, French Fries, Apple Slices, Milk</i></p> <p>Wheat Thins &amp; Orange Juice</p>
<p>17</p> <p>Corn Chex Cereal &amp; Milk Mandarin Oranges</p> <p><i>Cheese Ravioli w/ Marinara Sauce, Broccoli, Diced Pear, Garlic Bread, &amp; Milk</i></p> <p>Animal Crackers &amp; 100% Fruit Juice Blend</p>	<p>18</p> <p>Muffins &amp; Milk Bananas</p> <p><i>Chicken Strips, Brown Rice, Peas &amp; Carrots, Orange Slices, Milk</i></p> <p>Graham Crackers &amp; Mixed Fruit Cocktail Yogurt</p>	<p>19</p> <p>Frosted Mini Wheat &amp; Milk Mandarin Oranges</p> <p><i>Tacos, Spanish Rice, Corn, Mixed Fruit Cocktail, Milk</i></p> <p>Hi-Ho Crackers &amp; 100% Fruit Juice Blend</p>	<p>20</p> <p>Muffins &amp; Milk Bananas</p> <p><i>Hamburger Steak, Mashed Potatoes &amp; Gravy, Fresh Fruit &amp; Milk</i></p> <p>Wheat Thins &amp; 100% Fruit Juice Blend</p>	<p>21</p> <p>Cheerios &amp; Milk Mandarin Oranges</p> <p><i>Cheese/Sausage Pizza, Tater Tots, Pineapple Tidbits, Milk</i></p> <p>Vanilla Wafers &amp; 100 Fruit Juice Blend</p>
<p>24</p> <p>Raisin Bran Cereal &amp; Milk Diced Pears</p> <p><i>Spaghetti, Tossed Salad, Garlic Bread, Mixed Fruit Cocktail &amp; Milk</i></p> <p>Graham Crackers &amp; Apple Juice</p>	<p>25</p> <p>Pancakes &amp; Milk Applesauce</p> <p><i>Fish Fillet &amp; Chips, Celery w/Cream Cheese, Fresh Fruit Salad, Milk</i></p> <p>Ritz Crackers &amp; Apple Juice</p>	<p>26</p> <p>Corn Chex Cereal &amp; Milk Diced Pears</p> <p><i>Bean Burrito, Spanish Rice, Corn, Pineapple Tidbits, Milk</i></p> <p>Wheat Thins &amp; Apple Blend</p>	<p>27</p> <p>Pancakes &amp; Milk Apple Slices</p> <p><i>Chicken Patty, Mashed Potatoes &amp; Gravy, Orange Slices, Milk</i></p> <p>Animal Crackers &amp; Mandarin Orange Yogurt</p>	<p>28</p> <p>Frosted Mini Wheat &amp; Milk Diced Pears</p> <p><i>Hot Dog on Bun, Tater Tots, Diced Peaches, Milk</i></p> <p>Cheese Crackers &amp; Apple Juice</p>
<p>31</p> <p>Cheerios Cereal &amp; Milk Applesauce</p> <p><i>Lasagna, Mixed Vegetables, Diced Pears, Garlic Bread &amp; Milk</i></p> <p>Hi-Ho Crackers &amp; Orange Juice</p>				