

# Discoveryland Days

August 2011

## DATES TO REMEMBER:

August

15<sup>th</sup> - First Day of School  
Foothill Elementary

19<sup>th</sup> – Aviation Day  
Paper Airplane Day

22<sup>nd</sup> – Welcome back to  
Preschool

25<sup>th</sup> – Watermelon Social



### Director's Note:

Get on your mark, get ready, because a new school year is about to begin! How fast the summer passes and another school year rolls around. Welcome to all our new families. Thank you for choosing Discoveryland.

Ms. Robin

Milpitas Discoveryland  
1991 Landess Avenue  
Milpitas, California 95035

(408) 263-7626

License # 430 700 419

### The Power of Block Building

Most early childhood teachers already recognize the value of **block building**. They know that it helps **children** develop motor skills, balance, fantasy play, social skills, eye-hand coordination, organizational skills, and more. The research on **block building** is surprising. Preschool **children** who are able to build complex structures with blocks have a better chance of mathematical success in middle and high school, even taking into account students' IQ levels, social class, and gender (Wolfgang, Stannard, and Jones 2001). So the next time you come to pick up your preschooler, join them in the fun and learning---building with blocks!

### It's Back to Preschool Time!

New things are taking shape as we get ready for the fall. Our classes will fill fast, so if you have a sibling at home that you plan to enroll, be sure to pick up a registration packet today. Our official "start" of the new school year is August 22<sup>nd</sup>, but we will be enrolling new students all month. Our Foothill Kindergarten class has openings as well. See Arlene in the front office for more information.

### What is black and red and sweet?

WATERMELON OF COURSE! It just would not be summer if there were no watermelons, so don't miss your chance to indulge in a summertime treat. Come and share a piece of summer with us on Thursday August 25<sup>th</sup>. Maybe you can show us how many seeds you can find. Don't forget to wear black and red.

### A Good Start

Back to school means back to early morning routines. How do you get a preschooler up and dressed, prepare his or her breakfast and get out the door in time to be on time at work? Well.....we may have the answer in this month's Newsletter. Be sure to read the "Nutrition Nuggets" insert. You will find ideas to keep everything balanced as well as recipes to start your day. If you need information on how to separate from your preschooler, "Early Years" offers sound advice. We want to hear from you too! Take a few moments to answer our question for the month: What things do you do to help your child adjust to preschool? Post your answers on our bulletin board.



Find us on the web at: [www.milpitasdiscoveryland.org](http://www.milpitasdiscoveryland.org)

## August Birthdays

10 <sup>th</sup>	Joshua	Room 2
10 <sup>th</sup>	Anvie	Room 2
13 <sup>th</sup>	Kevin	Room 1
13 <sup>th</sup>	Reyansh	Room 2
16 <sup>th</sup>	Harry	Room 3
17 <sup>th</sup>	David	Room 3
22 <sup>nd</sup>	Troy	Room 2
30 <sup>th</sup>	Micah	Room 1
31 <sup>st</sup>	Crystal	Room 1

### Staff Birthdays

29<sup>th</sup> Ms. Katie Office



### Theme: Summertime

Week 1	Rumble in the Jungle
Week 2	Under the Big Top - Circus
Week 3	Commotion in the Ocean
Week 4	Back to School Time
Week 5	All About Preschool

## AUGUST DISCOVERYLAND MENU 2011

### Breakfast, Lunch & Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheerios Cereal, Pear (diced) & Milk  <i>Corn Dog, Corn, Watermelon &amp; Milk</i>  Wheat Thins & Apple Juice	2 French Toast, Cantalope & Milk  <i>Tostaditas, Spanish Rice, Corn, Peach diced &amp; Milk</i>  Vanilla Wafers / Mandarin Yogurt	3 Raisin Bran Cereal, Pear (diced) & Milk  <i>Chik-n Patty, Brown Rice, Gravy, Watermelon &amp; Milk</i>  Animal Crackers & Apple Juice	4 French Toast, Cantalope & Milk  <i>Trkey Chow Fun, Baby Carrots, Mixed Fruit Cocktail &amp; Milk</i>  Graham Crackers / Mandarin Yogurt	5 Corn Chex Cereal Pear (diced) & Milk  <i>Cheese Pizza, Bk Patties, Toss Salad, Apple slices &amp; Milk</i>  Animal Crackers / Apple Juice
8 Frosted Mini Wheat, Applesauce / Milk  <i>Spaghetti, Toss Salad, Garlic Bread, Peaches (diced) &amp; Milk</i>  Vanilla Wafers / Orange Juice	9 Waffles Banana / Milk  <i>Mac &amp; Cheese, Peas &amp; Carrots, Garlic Bread, Apple slices &amp; Milk</i>  Graham Crackers / Peach Yogurt	10 Cheerios Cereal Applesauce / Milk  <i>Chili Casserole, Fritos, Toss Salad, Pear diced &amp; Milk</i>  Wheat Thins, Celery Sticks, Cream Cheese, Orange Juice	11 Waffles Banana / Milk  <i>Meat Loaf, Mashed Potatoes &amp; Gravy, Mixed Vegt., Orange slices, Bread &amp; Milk</i>  Animal Crackers / Peach Yogurt	12 Raisin Bran Cereal Applesauce / Milk  <i>BLT Sandwich, Tater Tots, Peaches diced &amp; Milk</i>  Vanilla Wafers / Orange Juice
15 Corn Chex Cereal Mandarin Orange / Milk  <i>Cheese Ravioli w/Marinara Sauce, Broccoli, Garlic Bread, Orange slices &amp; Milk</i>  Graham Crackers & 100% Fruit Punch Blend	16 Muffins Papaya / Milk  <i>Tacos, Spanish Rice, Corn, Pineapple &amp; Milk</i>  Animal Crackers / Mixed Fruit Cocktail Yogurt	17 Frosted Mini Wheat, Mandarin Orange / Milk  <i>Chik-n Salad Sandwich, Celery &amp; Carrot sticks, Cantalope &amp; Milk</i>  Ritz Crackers, Cream Cheese, 100% Fruit Punch Blend	18 Muffins Papaya / Milk  <i>Chik-n Chow Mien, Peas &amp; Carrots, Fruit Cocktail &amp; Milk</i>  Vanilla Wafers / Mixed Fruit Cocktail Yogurt	19 Cheerios Cereal Mandarin Orange / Milk  <i>Cheese Burger on Bun, French Fries, Orange slices &amp; Milk</i>  Graham Crackers / 100% Fruit Punch Blend
22 Raisin Bran Cereal, Applesauce / Milk  <i>Spaghetti, Toss Salad, Garlic Bread, Mixed Fruit Cocktail &amp; Milk</i>  Animal Crackers / Apple Juice	23 Pancakes Banana / Milk  <i>Bean Burritos, Carrots (Baby), Watermelon &amp; Milk</i>  Vanilla Wafers / Mandarin Orange Yogurt	24 Corn Chex Cereal, Applesauce / Milk  <i>Chik-n Patty, Peas &amp; Carrots, Peaches diced, Bread &amp; Milk</i>  Wheat Thins, Celery Sticks, Cream Cheese, Apple Juice	25 Pancake Banana / Milk  <i>Hamburger Steak, Brown Rice, Toss Salad, Watermelon &amp; Milk</i>  Graham Crackers / Mandarin Orange Yogurt	26 Frosted Mini Wheat Cereal Applesauce / Milk  <i>Hot Dog on Bun, Tater Tots, Mixed Fruit Cocktail &amp; Milk</i>  Animal Crackers / Apple Juice
29 Cheerios Cereal, Pear diced & Milk  <i>Lasagna, Toss Salad, Apple slices, Garlic Bread &amp; Milk</i>  Vanilla Wafers / Orange Juice	30 Toast, Honeydew Mellon & Milk  <i>Cheese Quesadillas, Spanish Rice, Corn, Pear diced &amp; Milk</i>  Graham Crackers / Peach Yogurt	31 Raisin Bran Cereal, Pear diced & Milk  <i>Fried Rice, Trkey Strips, Peas &amp; Carrots, Apple slices &amp; Milk</i>  Ritz Crackers, Cream Cheese, & Orange Juice		