



# Discoveryland Days



OCTOBER 2010

## **DATES TO REMEMBER:**

- 1<sup>st</sup> - Re-registration
  - 14<sup>th</sup> - Parent Meeting & Dinner  
5pm
  - 18<sup>th</sup> - Perfect Present Fund-raiser begins
  - 19<sup>th</sup> - "Jumpbunch" class 10am
  - 20<sup>th</sup> - Pumpkin Day
  - 29<sup>th</sup> - Picture Day
  - 31<sup>st</sup> - FALL OPEN HOUSE  
11am - 4pm
- Fall Festival 6pm in the School gym

### **Director's Note:**

Thank you for choosing our center. Please help us stay in touch with you by providing us with your e-mail address today. If you have not completed our new enrollment form, stop by the office today for a copy.

We love our families!

Robin Aaron, Director

Milpitas Discoveryland  
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Milpitas, California 95035  
**(408) 263-7626**

License # 430700419

A ministry of the Milpitas Adventist Church.

### **Fall Re-Registration Time is Here**

Keeping updated information is a breeze when you have a plan! Have you changed jobs or moved in the last twelve month? Or chosen a new dentist or doctor for your child? Well, we need to know so that we can reach you in case of an emergency. Please complete your re-registration information packet as soon as possible and turn it in at the office. We appreciate your effort in keeping our children safe.



### **FALL PARENT MEETING**

Thursday October 14, 2010

5pm to 6pm

### **Childcare will be provided**

This will be a dinner meeting and there is no charge, but you do need to sign up. Look for the sign up sheet near your classroom sign in/out book.

### **Building Healthy Habits Early through Sports & Fitness.**

Today's "video" generation suffers from very little physical activity and childhood obesity is rising. **"JumpBunch"** is a program designed to introduce sports and fitness to children in the preschool setting. Fun, age appropriate activities are planned that build coordination and confidence. Most of all, **JumpBunch** is lots of fun. All children in our center will be treated to a FREE class on Tuesday October 19<sup>th</sup> beginning at 10am, so make sure your child is here. Interested in enrolling your child? See the flyer on the hallway bulletin board.



### **Pumpkin Day is October 20<sup>th</sup>**

Fall is in the air and we are planning a day of learning and discovery on October 20<sup>th</sup>. It's all about pumpkins: what color they are, how they grown, how they taste, what you do with the seeds, etc. etc. Dress your child in orange added fun on this day. If you would like to help, just ask Ms. Angela.

**A FALL OPEN HOUSE WILL HELD HERE ON SUNDAY OCTOBER 31<sup>ST</sup> FROM 11AM TO 4PM. TELL YOUR FRIENDS AND NEIGHBORS! FREE GIFTS TO THE FIRST 25 PRESCHOOLERS TO ATTEND.**

**FALL FESTIVAL OCTOBER 31<sup>ST</sup> AT 6PM. ALL AGES**

Find us on the web at: [Milpitasdiscoveryland.org](http://Milpitasdiscoveryland.org)

# October Theme: Our Families



Week 1 God Made my Family  
 Week 2 God gave me a place to live  
 Week 3 I obey my Parents  
 Week 4 Learning to listen and pray  
 Our key word for the month is: OBEY. Talk with your child about this word and explain what you mean when you ask them to obey.



## October Birthdays

3<sup>rd</sup> Jaydon Room 3  
 15<sup>th</sup> Sonya Room 3  
 26<sup>th</sup> Chloe Room 2

Help your child celebrate a long life by bringing a low sugar, low fat treat for their classroom on their special day. If you need ideas or suggestions, just ask.



Picture Day is Friday October 29<sup>th</sup>

## OCTOBER 2010 MENU

MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY

**NEW MENU FORMAT. BREAKFAST, LUNCH AND SNACK ARE NOW LISTED IN THE SAME BOX FOR EACH DAY.**

**Breakfast items are on the top line, lunch is the middle highlighted items and snack items are on the lowest line.**

1 Frosted Mini Wheat Cereal Applesauce / Milk  <b>Chicken Salad Sandwich</b> <b>French Fries</b> <b>Mixed Fruit Cocktail / Mil</b>  Vanilla Wafers & Milk				
4 Cheerios Cereal Applesauce / Milk  <b>Turkey Alfredo Linguini</b> <b>Broccoli</b> <b>Garlic Bread</b> <b>Apple Slices / Milk</b>  Wheat Thins / 100% Juice Blend	5 Waffles Pear (Diced) / Milk  <b>Corn Dog</b> <b>Toss Salad</b> <b>Peaches (Diced)</b> <b>Bread &amp; Milk</b>  Graham Crackers & Milk	6 Raisin Bran Cereal Mandarin Orange / Milk  <b>Alphabet Soup</b> <b>(Peas, Carrots, Celery)</b> <b>Orange Slices</b> <b>Bread / Milk</b>  Hi-Ho Crackers & Orange Juice	7 Cinnamon Toast Pear (Diced) / Milk  <b>Teriyaki Choplets</b> <b>Brown Rice</b> <b>Carrots (Baby)</b> <b>Pineapple Diced / Milk</b>  Vanilla Wafers / Milk	8 Corn Chex Cereal Mandarin Orange / Milk  <b>Cheese Burger on Bun</b> <b>French Fries</b> <b>Mixed Fruit Cocktail / Milk</b>  Wheat Thins / Orange Juice
11 Cheerios Cereal Apple (Canned) / Milk  <b>Spaghetti</b> <b>Toss Salad</b> <b>Garlic Bread</b> <b>Mixed Fruit Cocktail / Milk</b>  Cheese Crackers / Apple Juice	12 Pancakes Banana / Milk  <b>Tacos</b> <b>Spanish Rice</b> <b>Corn</b> <b>Pineapple Diced / Milk</b>  Hi-Ho Crackers / Fruit-n-Yogurt	13 Corn Chex Apple (Canned) / Milk  <b>Chicken Casserole</b> <b>Mashed Potatoes &amp; Gravy</b> <b>Orange Slices</b> <b>Dinner Roll / Milk</b>  Vanilla Wafers / Apple Juice	14 Bagels w/Cream Cheese Bananas / Milk  <b>Fried Rice</b> <b>Chicken Strips</b> <b>Peas &amp; Carrots</b> <b>Peaches (Diced) / Milk</b>  Wheat Thins / Fruit-n-Yogurt	15 Raisin Bran Apple (Canned) / Milk  <b>Cheese Pizza</b> <b>Carrots (Baby)</b> <b>Pear (Diced) / Milk</b>  Cheese Crackers / Apple Juice
18 Frosted Mini Wheat Cereal Applesauce / Milk  <b>Cheese Ravioli Alfredo</b> <b>Broccoli</b> <b>Garlic Bread</b> <b>Apple Slices / Milk</b>  Graham Crackers / Milk	19 Muffins Pear (Diced) / Milk  <b>Bean &amp; Cheese Burrito</b> <b>Spanish Rice</b> <b>Corn</b> <b>Pineapple (Diced) / Milk</b>  Vanilla Wafers / Milk	20 Raisin Bran Cereal Applesauce / Milk  <b>Chicken Noodle Soup</b> <b>Mixed Vegetables</b> <b>Orange slices</b> <b>Bread / Milk</b>  Wheat Thins / 100% Juice Blend	21 <b>French Toast</b> <b>Pear (Diced) / Milk</b>  <b>Hamburger Steak</b> <b>Brown Rice</b> <b>Toss Salad</b> <b>Peaches (Diced) / Milk</b>  Cheese Crackers / Orange Juice	22 Cheerios Cereal Applesauce / Milk  <b>Hot Dog on Bun</b> <b>French Fries</b> <b>Mixed Fruit Cocktail / Milk</b>  Graham Crackers / Milk
25 Cheerios Cereal Mandarin Orange / Milk  <b>Lasagna</b> <b>Toss Salad</b> <b>Garlic Bread</b> <b>Peaches (Diced) / Milk</b>  Hi Ho Crackers / Apple Juice	26 Pancakes Fresh Fruit / Milk  <b>Cheese Quesadillas</b> <b>Spanish Rice</b> <b>Corn</b> <b>Orange Slices / Milk</b>  Wheat Thins / Fruit Yogurt	27 Cinnamon Toast Mandarin Orange / Milk  <b>Chicken Nuggets</b> <b>Fresh Fruit</b> <b>Corn</b> <b>Bread / Milk</b>  Cheese Crackers / Apple Juice	28 Cheese Crackers Apple Juice  <b>Chicken Chow Fun</b> <b>Carrots (Baby)</b> <b>Pineapple Diced / Milk</b>  Graham Crackers / Fruit Yogurt	29 Frosted Mini Wheat Cereal Applesauce / Milk  <b>Chicken Salad Sandwich</b> <b>French Fries</b> <b>Mixed Fruit Cocktail / Milk</b>  Wheat Thins / 100% Juice Blend